## KENTON PARK ESTATE



# "FIZZ ON FOOT" WALKING TOURS & TIPSY AFTERNOON TEA

There's something magical in the essence of pine needles ...



#### **About your Host**

Your "Fizz on Foot" Walking Tour host will be Jayne Oliphant-Thompson, Founder & Co-Owner of Kenton Park Estate & Vineyard, a small Country Sporting Estate with a 10 acre Vineyard growing 15,000 Vines for Sparkling English Wine.

When not working on the Estate or managing the Vineyard, Jayne loves to explore the Forest Trails near the Estate whilst exercising their "Vineyard Dogs" (Saffie & Indie) enjoying the calm and tranquility of the Trails.

Jayne has been walking these Trails for the past 8 years and also spends most weekends walking on Dartmoor exploring trails with her husband & children and their dogs.

In April 2016, Jayne joined an Expedition from Kathmandu in Nepal to Everest Base Camp and back and laughingly jokes that having successfully completed this extreme walking adventure, her feet are now very firmly and happily planted back here with her Vines. There are no plans to climb any more mountains.

#### The Essence of Pine Needles

Being out walking is also a time of great creativity for Jayne .....

"There is something in the essence of pine needles that makes me incredibly creative. I have to stop to frantically write notes on my iPhone and capture ideas that suddenly burst into my head such as the idea for a new Blog post for the Web Site or a design for a new Bottle Label."

### Fizz on Foot Walking Tours - What we'll do

We will explore some wonderful Walking Trails (suitable for all levels of fitness) with fabulous views of the South West Coast of England whilst unleashing the power of "Creative Thinking".

Guests will meet in The Motley Cru Wine Bar in the Winery Building which sits in the heart of the Vineyard for Coffee & Cake on arrival at 10.00am.

Over Coffee there will be a discussion on the different Walking Routes up on the Forest Ridge above the Vineyard (Mamhead Forest Trails and Haldon Forest), or over to Woodbury Common with it's spectacular views on a sunny day over the sea, or even as far as Dartmoor if a group wishes to be more adventurous.

Jayne will explain how to enjoy the process of "Creative Thinking" whilst walking in the Forest. "There is something magical in the essence of pine needles that inspires creativity!"

Guests then jump into the Estate's Land Rover Defenders to be transported to the start of the Walking Tour complete with Hamper Basket containing our Fizz & Sandwiches to be enjoyed at the end of the walk.

#### Walk & Talk

Jayne will share the experience of how they took the leap to set up a Vineyard without any experience.

"We hope to inspire guests that anything is possible if you set you mind to it!"

Jayne will explain how the "Walking Time" is used to think about specific projects, how to brainstorm a list of actions to help achieve a project, how the time walking is used to think about and plan the different aspects of the Estate's business. There is more than just a Vineyard at Kenton Park Estate!

Length of Trails - 1-3 hours (to be agreed with the group beforehand).

### What sort of creative ideas are generated whilst out walking:

- The design of all of our Wine Labels
- Many Blogs for the Web Site have been written whilst walking
- The outline of a Book & it's chapters have been created
- Ideas have been developed for the diversification of our Farm
- Establishing a Wine Academy
- Listened to numerous Wine-related Podcasts to self-educate "Mobile Learning"
- Developed a Beauty Range from our Pinot Noir grapes & designed the packaging
- Walking around the Forest is a complete joy!

### What will be provided ....

Guests are welcomed with our own Artisan Coffee – "Trail Blaze" at the start of the experience.

Guests are transported in the Estate's Land Rover Defenders with Picnic Basket containing Kenton Park Estate's Sparkling Wines & Sandwiches.

No specialist equipment is required although guests might like to bring their own Walking Boots, Trainers or Wellington Boots.

## What to bring ....

Lightweight Waterproof Jacket Preferred Walking Boots - Wellington Boots, Trainers or Walking Boots Hat (in case it's cold) Gloves (in case it's cold)

#### **Tipsy Afternoon Tea**

At the end of the Walking Trail, Guests will be taken back to The Winery Building in the heart of the Vineyard and treated to a Tipsy Afternoon Tea and you are welcome to explore the Vineyard and it's different Vine Plantations (Chardonnay, Pinot Noir, Solaris, Bacchus, Reichensteiner and Pinotin).

## Price per person: £65 (Minimum 4 people per group)

